

What's Going Around:

A Communicable Disease Report

Diseases and conditions reported during August 24 - September 06, 2025:

This report is a bi-monthly snapshot of communicable diseases reported in El Paso County, as well as a report of disease trends and local health alerts. El Paso County Public Health's (EPCPH) Communicable Disease Program partners with the medical community and the public to limit and reduce the spread of diseases in our community.

Reportable diseases and conditions:

- 11 Animal Bites 8 pediatric, 3 adults; 4 recommended to receive rabies postexposure prophylaxis (PEP)
- 7 Campylobacteriosis 2 pediatric, 5 adults
- 3 Carbapenem-Resistant Enterobacteriaceae (CRE) adults
- 22 COVID-19-associated hospitalizations 3 pediatric, 19 adults
- 3 Cryptosporidiosis 2 pediatric, 1 adult
- 1 Cyclosporiasis adult
- 1 Giardiasis adult
- Hepatitis A adult
- 3 Invasive pneumococcal disease adults
- 1 Lyme disease adult
- 4 Pertussis 2 pediatric, 2 adults
- 5 Salmonellosis 1 pediatric, 4 adults
- 1 Shiga toxin-producing Escherichia coli (STEC) adult
- 2 Vibriosis adults
- 1 West Nile Virus adult

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Additional reports:

 Outbreaks reported: 3 Norovirus outbreaks associated with long-term care facilities. 1 Unknown GI outbreak associated with a childcare facility. 1 Influenza outbreak associated with a long-term care facility.

For a list of Reportable Disease and Conditions and instructions on how to report, use the following link: <u>Colorado Department of Public Health & Environment – Report a disease</u> or by going directly to https://cdphe.colorado.gov/report-a-disease.

Health News: Back to school – Respiratory Illness

The fall season and the return to school also marks an increase in respiratory illnesses in child care and school settings. Although respiratory season historically starts around the beginning of October, respiratory outbreaks are increasingly more common in September primarily due to outbreaks of COVID-19. COVID-19 outbreaks account for the highest number of reported outbreaks in the school and child care setting compared to any other etiology in the month of September (2020 – 2025 Year to Date).

- Taking steps to prepare for an increase in respiratory illnesses will help schools keep kids and staff healthy and minimize school absenteeism and disruption due to illness.
- Familiarize yourself with local resources. <u>How sick is too sick?</u> is a document created by Colorado Department of Public Health and Environment (CDPHE) to guide parents, teachers, and caregivers through routine decisions about when ill children or staff should stay home from school or child care.
- Staff should utilize symptom-based precautions to determine when children can return to school.
 - People known or suspected to have Influenza, RSV, and COVID-19 infection should stay home and away from others until 24 hours after fever has resolved (without the use of fever-reducing medication) and symptoms are improving.
 - Continuing the use of additional prevention strategies will help to limit transmission. Those include good handwashing, encouraging vaccination, wearing a mask, social distancing, and taking steps to increase air circulation.
 - o Additional information can be found here: Respiratory Virus Guidance Update
- Vaccines are available at El Paso County Public Health for people with limited private insurance types and those with Medicaid or no insurance. Call (719)-578-3199, option 5 to learn more and to confirm availability. Pharmacies and private providers will offer COVID-19, Influenza and RSV vaccines.

Questions? Please Contact:

El Paso County Public Health CD/TB Program
Hours: M-F, 7:30 a.m. – 4:30 p.m.
(719) 578-3220; after-hours emergency (719) 235-2278
Colorado Department of Public Health and Environment
(303) 692-2700; after-hours emergency: (303) 370-9395
www.elpasocountyhealth.org

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Reporting:

- Outbreaks of COVID-19, Influenza, and RSV illness can cause significant increases in absenteeism among staff and students.
- Outbreaks of respiratory illness should be reported to Public Health upon identification, per state statute (6 CCR 1009-1).
- Outbreaks can be defined within schools when there is a noticeable increase in the number of ill/absent children or staff members at the school or child care center above seasonal baseline.
- Report suspected outbreaks EPCPH communicable disease program, 719-578-3220.

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Reportable Diseases and Conditions List